

# Sakonnet Preservation

Conserving land  Preserving Little Compton

Abigail Brooks  
President

July 11, 2022

Sheila Mackintosh  
Vice President

Bill Theriault  
Treasurer

Ann Beardsley  
Secretary

To All Attendees re: Covid

We are well aware there is a highly contagious variant of Covid that is circulating around the country. Therefore, we are sending you the latest advisory from the Center for Disease Control as guidance [see attachment] and to inform you about the conditions under which we will be celebrating on Saturday evening that take this into account.

Directors  
Paul Bazzoni  
Michal Brownell  
John Cook  
Davy Cutts  
Phil Goodnow  
Nan Haffenreffer  
Maureen Harrington  
Warren Jagger  
Geoff Manning  
Judy Melanson  
Peter Rowley  
Charlie Whipple

The tent in which the Celebration is taking place will most likely have three sides entirely open given the weather report for the 16<sup>th</sup>. Breeze is also likely to occur in its location at the Point. Even if it should be pouring rain, there are six ten-foot-wide exit openings in the sides that will provide for plenty of ventilation. Each of the four bars serving drinks will have hand sanitizer available as will the bathrooms. Masking is advised for anyone with compromised immunity or with known exposure to or a positive Covid diagnosis in the 10 days preceding the event or longer as advised by CDC in the attachment with this letter. Anyone with questionable symptoms or a negative Covid test result within 10 days should not attend.

Joy Elvin  
Director of Operations

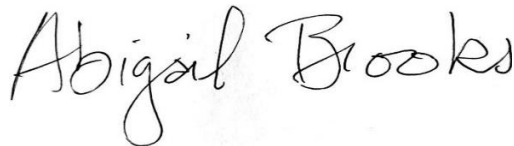
Please err on the side of caution in determining whether your attendance or choice not to wear a mask might create a risk for yourself or others. Mask-wearing will not diminish in any way your festive attire or the atmosphere of fun-loving celebration at the event. Just think of Carnival in Venice!!

Adam Yorks  
Stewardship Director

Thank you for your cooperation given the attached guidance and the precautions we have all become familiar with over the last two and a-half years.

Jenna Peterson-  
Magnuski  
Executive Assistant

Appreciatively,



Abigail Brooks, President



Sakonnet Preservation Association

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# COVID-19 Quarantine and Isolation Guidance by Population

Updated: April 6, 2022

## General Public

- **Includes:** Customer and client-facing businesses, assisted living personnel, group home personnel, non-profit organizations, office-based businesses, and institutes of higher education
  - **Excludes:** Hospital and nursing home personnel, congregate living residents (nursing homes, assisted living facilities, some group homes\*, correctional facilities, and shelters)
- \*Please visit the [Centers for Disease Control and Prevention's \(CDC\) website](https://www.cdc.gov) for more information about group home guidance.

## Isolation and post-isolation precautions for COVID-19 cases regardless of vaccination status:

**Symptomatic Cases:** Isolation starts on the first day of symptom onset (day 0)

**Asymptomatic Cases:** Isolation starts on the day of a positive test (day 0)

### Isolation for COVID-19 Cases (Regardless of Vaccination Status)

#### Symptomatic person (not immunocompromised<sup>1</sup>)

Should isolate until:

- At least 5 days have passed since symptoms first appeared **AND**
- At least 24 hours have passed since last fever without fever-reducing medications **AND**
- Symptoms have improved.

#### After day 5, through day 10:

- Wear a [high-quality mask](#) around others, even at home.
- Do not visit places where you are unable to always wear a mask, such as restaurants.
- Do not [travel](#) on public transportation or airplanes.
- Do not visit people who are **immunocompromised** or at high risk for severe disease, nursing homes, and other **high-risk settings**.
- People who cannot wear a mask, including children under 2 years of age and people of any age with certain disabilities, should isolate (if infected) and quarantine (if exposed) for 10 days.

#### Symptomatic person (immunocompromised<sup>1</sup>) or those who have had moderate to severe illness from COVID-19

Should isolate until:

- At least 10 days and up to 20 days have passed since symptoms first appeared **AND**
- At least 24 hours have passed since last fever without fever-reducing medications **AND**
- Symptoms have improved **AND**
- Consult with your healthcare provider.

Note: More than 20 days of isolation may be recommended. Please consult with your healthcare provider to determine the right timeline for isolation.

#### Asymptomatic person (not immunocompromised<sup>1</sup>)

People who are not immunocompromised<sup>1</sup> and remain asymptomatic:

- Isolation may end when **at least 5 days** have passed since the date of their first positive diagnostic test.

#### After day 5, through day 10:

- Wear a [high-quality mask](#) around others, even at home.
- Do not visit places where you are unable to always wear a mask, such as restaurants.
- Do not [travel](#) on public transportation or airplanes.
- Do not visit people who are **immunocompromised** or at high risk for severe disease, nursing homes, and other **high-risk settings**.



**Asymptomatic person (immunocompromised<sup>1</sup>)**

People who are immunocompromised and remain asymptomatic:

- Isolation may end when **at least 10 days and up to 20 days** have passed since the date of their first positive diagnostic test in consultation with healthcare provider.

**Work During Isolation?** No

### Quarantine

(Recommended for those who have come in close contact<sup>2</sup> with someone with COVID-19)

**Exempt From Quarantine If:**

- 18 or older and had all recommended vaccine doses, including [boosters](#) when eligible **OR**
- 5 to 17 and completed the primary series of a COVID-19 vaccine **OR**
- Had confirmed COVID-19 within the last 90 days (tested positive using a lab-based antigen or PCR test, excludes home-based tests).

**Observe precautions for 10 days after last exposure:**

- Wear [high-quality mask](#) around others.
- Do not visit people who are immunocompromised or at higher risk for severe disease, nursing homes, and other high-risk settings.
- Watch for fever (100.4°F or higher), cough, shortness of breath, or other COVID-19 symptoms. If symptoms develop, stay home and get tested.
- Test on day 5 recommended.
- Can go to work during 10-day period.

**NOT Exempt From Quarantine If:**

- 18 or older and completed the primary series of recommended vaccine but have not gotten a recommended booster shot when eligible **OR**
- You are not vaccinated or have not completed a primary vaccine series.

**Stay home for 5 days:**

- Recommended to quarantine at home for 5 days.

**After day 5, through day 10:**

- Wear [high-quality mask](#) around others.
- Do not visit people who are immunocompromised or at higher risk for severe disease, nursing homes, and other high-risk settings.
- Do not [travel](#) on public transportation or airplanes.
- Watch for fever (100.4°F or higher), cough, shortness of breath, or other COVID-19 symptoms. If symptoms develop, stay home and get tested.
- Test on day 5 recommended.
- Can go to work on days 6 to 10.

**If you are not able to wear a mask** (whether exempt or not exempt from quarantine)

- Recommended to stay home for 10 days after last exposure.

**Household contacts with ongoing exposure**

**If exempt from quarantine (vaccines are up to date or you had confirmed COVID-19 within the last 90 days)<sup>3</sup>:**

- Follow precautions described above while household member is in isolation, and continue with precautions for 10 days after the person with COVID-19 finishes isolation.

- If not exempt from quarantine (vaccines are not up to date and without recent infection<sup>4</sup>):**
- Quarantine at home as soon as the person with COVID-19 starts to isolate.
  - Continue to quarantine at home for 5 days after the person with COVID-19 finishes isolation.
  - After day 5 and through day 10, observe precautions described above.

## Healthcare Personnel (HCP) at Hospitals and Skilled Nursing Homes

Please see the following CDC guidance for the definition of healthcare personnel:  
[www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html).

Facilities may implement more restrictive quarantine and isolation policies.

The following guidance **excludes** HCPs who are moderately to severely immunocompromised or had a severe COVID-19 illness: [www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html](https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html).

### Work Restrictions for HCP with COVID-19 Infection

See full guidance here: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

Vaccination Status	Conventional	Contingency <sup>6</sup>	Crisis <sup>7</sup>
Boosted, completed primary vaccine series only, or unvaccinated <sup>5</sup>	Should isolate for 10 days <b>OR</b> 7 days with a negative test if asymptomatic or mildly symptomatic (with improving symptoms)	Should isolate for 5 days with or without negative test if asymptomatic or mildly symptomatic (with improving symptoms) and continue to wear a well-fitting mask for an additional 5 days	No restrictions with prioritization considerations (e.g., asymptomatic or mildly symptomatic)

### Work Restrictions for Asymptomatic HCP with Close Contacts

See full guidance at: [www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html)

Vaccination Status	Conventional	Contingency <sup>6</sup>	Crisis <sup>7</sup>
Had all recommended vaccine doses, including <a href="#">booster</a>	No work restrictions with negative test on day 2 and a negative test during the 5 to 7-day period	No work restrictions	No work restrictions
Completed the primary series of recommended vaccine but have not had a recommended booster shot when eligible, even if within 90 days of prior infection	Should quarantine for 10 days <b>OR</b> 7 days with a negative test	No work restrictions with negative test on days 1, 2, 3, and during the 5 to 7-day period	No work restrictions (test if possible)



## Covid-19 Things to Know when You Test Positive

### Key points for the Healthcare Professional / **Public**

- **Children and adults with mild, symptomatic COVID-19:** Isolation can end at least 5 days after symptom onset and after fever ends for 24 hours (without the use of fever-reducing medication) and symptoms are improving, if these people can continue to properly wear a well-fitted mask around others for 5 more days after the 5-day isolation period. Day 0 is the first day of symptoms.
- **People who are infected but asymptomatic (never develop symptoms):** Isolation can end at least 5 days after the first positive test (with day 0 being the date their specimen was collected for the positive test), if these people can continue to wear a properly well-fitted mask around others for 5 more days after the 5-day isolation period. However, if symptoms develop after a positive test, their 5-day isolation period should start over (day 0 changes to the first day of symptoms).
- **People who have moderate COVID-19 illness:** Isolate for 10 days.
- **People who are severely ill (i.e., requiring hospitalization, intensive care, or ventilation support):** Extending the duration of isolation and precautions to at least 10 days and up to 20 days after symptom onset, and after fever ends (without the use of fever-reducing medication) and symptoms are improving, may be warranted.
- **People who are moderately or severely immunocompromised might have a longer infectious period:** Extend isolation to 20 or more days (day 0 is the first day of symptoms or a positive viral test). Use a test-based strategy and consult with an infectious disease specialist to determine the appropriate duration of isolation and precautions.
- **Recovered patients:** Patients who have recovered from COVID-19 can continue to have detectable SARS-CoV-2 RNA in upper respiratory specimens for up to 3 months after illness onset. However, replication-competent virus has not been reliably recovered from such patients, and they are not likely infectious.